



LEISURE POOL TIMETABLE

STOCKPORT METRO
WHERE CHAMPIONS GROW

	Morning						Afternoon						Evening						
	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00		
Monday				School Lessons 09.00 - 12.00						School Lessons 1.30 - 3.30		General Swim 3.30 - 6.30							
Tuesday				School Lessons 9.00 - 10.15		Parent & Toddler Swim 10.15 - 11.00	School Lessons 11.00 - 12.00		School Lessons 1.30 - 3.30			General Swim 3.30 - 6.30							
Wednesday				School Lessons 09.00 - 12.00						School Lessons 1.30 - 3.30		Swimming Lessons 3.30 - 4.30	General Swim 4.30 - 6.30						
Thursday				School Lessons 09.00 - 12.00						School Lessons 1.30 - 2.30	Parent & Toddler Swim 2.45 - 3.30	General Swim 3.30 - 6.30							
Friday				School Lessons 09.00 - 12.00						School Lessons 1.00 - 3.30		General Swim 3.30 - 6.00		Pool Party Bookings 6.00 - 7.30					
Saturday				Swimming Lessons 9.00 - 12.00			General Swim 12.00 - 2.15		Pool Fun Session 2.30 - 3.30	Pool Fun Session 3.30 - 4.30									
Sunday				Swimming Lessons 9.00 - 12.00			General Swim 12.00 - 4.30												

General Policy: All children under the age of 8 must be accompanied in the water by a "responsible person." *Responsible person must be 16 years or above and be a competent swimmer of 25 metres as a minimum.* Sessions may be subject to change at short notice, please check the live timetable on www.lifeleisurebarrowpark.com for the most up to date timetable.



Children under 4 years:
A responsible person must be present in the water with the children at all times. Children must wear approved flotation devices unless the ratio is 1:1 and parent in constant contact. Children and parents to stay in Designated Safe Area.



Children 4-7 years:
A responsible person must be present in the water with the children at all times. If children and not confident swimmers, approved flotation devices must be worn and they must stay within designated safe areas.



Children 8 years & over:
No parent supervision required provided the child can swim at least 25 metres. Children must be able to swim 25 metres as a minimum.

Public Sessions

